

# Edgbaston Course Programme 2026

## Day 1: Monday 18<sup>th</sup> May Moderator: Nick Thompson

### Session 1

09.00-09.30	Introduction to Course and Teams: Aims of the course Team introductions and Challenges for NMDT <i>Nick Thompson, Gastroenterologist, Newcastle</i>
0930.-10.15	Nutritional Principles <i>Dr Stephen Wootton, Southampton</i>
10.15-10.45	Nutrition Screening and principles of assessment Dr Emma Parsons, Nottingham

### 10.45-11.15 Tea/Coffee

11.15-12.00	Refeeding syndrome case presentation and discussion <i>tbc</i>
12.00-12.30	Micronutrients – which to test for and how to interpret the findings? The role of the Biochemist in the NMDT. <i>Carys Lippiatt, Clinical Biochemist, Leeds</i>

### 12.30-1.30 Lunch

### Session 2

13.30-14.00	Oral Nutritional support <i>Dr Emma Parsons, Dietitian, Nottingham</i>
14.00-14.30	Enteral feeding, including blended diets <i>Linda Cantwell, Dietitian, Liverpool</i>
14.30-15.15	NG, NJ & PEG tubes – What tube, when and how? <i>Dr Jane Fletcher, Nurse Consultant, Birmingham</i>

### 3.15-3.45 Tea/Coffee

### Session 3

15.45-17.00	Workshops: <i>Anthro practical + case-based discussion</i>
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### 17.00 Close of Day 1

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**Day 2: Tuesday 19<sup>th</sup> May**

**Moderator: Jane Fletcher & Emma Parsons**

## **Session 4.**

09.00-9.30 Intestinal Failure – Different types and Who to refer?  
*Dr Sheldon Cooper, Gastroenterologist, Birmingham*

9.30-10.00 Short Bowel syndrome - physiology and practical management  
*Kirstine Farrer, Consultant Dietitian, Salford*

10.00-10.30 Fluid management in clinical nutrition  
*Professor Dileep Lobo, HPB Surgeon, Nottingham*

## **10.30-11.00 Tea/Coffee**

11.00-12.30 Communication styles and Personality types

## **12.30-1.30 Lunch**

## **Session 5.**

13.30 – 15.00 Team Development

## **3.00-3.30 Tea/Coffee**

## **Session 6.**

15.30-16:45 improving nutritional care project ideas and dragons den.

16:45-18:00 Team networking and refreshments

## **18.00 Close of Day 2**

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## Day 3: Wednesday 20th May Moderator: Charlotte Rutter

### Session 7.

08.30-09.10	IV Feeding lines: Which line to use and what are the complications? <i>Dr Nick Thompson, Gastroenterologist, Newcastle</i>
09.10-09.45	Parenteral nutrition in Types 1,2 & 3 IF <i>Melanie Baker, Dietitian, Leicester</i>
09.45-10.15	Formulating & Prescribing TPN: Compounded v MCB <i>Uchu Meade, Pharmacist, St Mark's Hospital, London</i>

### 10.15-10.45 Tea/Coffee

10.45-11.30	Nutrition support in Patients with disorders of the Brain-Gut axis <i>Dr Peter Paine, Gastroenterologist, Manchester</i>
11.30-12.15	Intestinal growth factors and SB Transplantation <i>Dr Charlotte Rutter, Gastroenterologist, Cambridge</i>

### 12.15-1.15 Lunch

### Session 8.

13.15-14.00	Nutrition support and the Palliative Patient <i>John Speakman, Palliative Care Physician, Birmingham</i> <i>Dr Sheldon Cooper, Gastroenterologist, Birmingham</i>
14.00-14.45	Interactive case studies
14.45-15.15	Life on Home Parenteral Nutrition <i>Patient</i>
15.15-15.30 Final conclusions and Course Close	