

WEDNESDAY 24th June: Intestinal Failure: What now? Where next?

Room: Rooms 2+3+4 combined

11:00 am – 11:15 am Sending a patient home on parenteral Nutrition

Mia Small MSC BSc (Hons) RGN DipNutr



After qualifying as a Registered Nurse at St Thomas' Hospital in the mid 80's Mia worked for a number of years in gastroenterology and colorectal surgery. She began working at St Mark's Hospital first as a Staff Nurse, then Sister, and became a Clinical Nurse Specialist in Nutrition in 1999. She has subsequently held lead Nutrition Nurse Specialist posts at Barts and the London and Guy's and St Thomas'. She returned to St Mark's as Nurse Consultant in Nutrition and Intestinal Failure in 2008. Mia holds a BSc (Hons) in Colorectal Nursing, a Diploma in Human Nutrition and an MSc in Nutrition Support

- **What are you speaking on at this year's DDF?**
I am presenting a session on sending a patient home on parenteral nutrition in the BIFA Symposium and also participating in the NPS Pharma Symposium on Teduglutide. I have also been asked to participate in QI Nutrition.
- **Why is it important?**
The number of patients being sent home on parenteral nutrition continues to rise and the longer that patients remain on the therapy the more that new challenges emerge. Not only is ensuring the safe transition of a person from hospital to home of paramount importance, but also enabling patients to remain at home is key. There are a number of emerging technologies which will hopefully improve the patient experience and reduce complications. It is exciting to be given the opportunity to share these.
- **What will be your own personal programme highlight of this year's programme?**
With the growing number of home parenteral nutrition patients with malignancy I am looking forward to the session on palliative HPN: how to select the patient.
- **What value do you see in the multi-disciplinary nature of the DDF meeting?**
Immeasurable! Not only the multi-disciplinary nature of nutrition but also the opportunity to network with different disciplines from the other groups represented at the meeting.
- **What are the three most pressing issues in your opinion in your clinical area at the moment?**
The growing number of HPN patients and the challenges involved in securing homecare companies for them
The need for a more robust and reproducible method for determining catheter related bloodstream infection
Taking HPN to be my clinical area; the need for a standardized approach across the nation(s) regarding the care of central venous catheters