

The healthcare environment is changing. What is your role?

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Overview

- Current healthcare environment – Anne Holdoway
- Healthcare environment and key players – Judy Willits
- A practical guide to influencing stakeholders – Philip Graves
- Facilitated panel discussion

Health and social care costs associated with malnutrition have increased £19.6 billion in England alone¹



BRDED6 Alamy Images

1. Elia (2015) <http://www.bapen.org.uk/pdfs/economic-report-short.pdf>

A focus on 'inappropriate' ONS prescribing only addresses the costs of one piece of the jigsaw



Reasons to treat and prevent...

The cost per malnourished subject = £7,408 per year and per non-malnourished subject = £2,155 per subject per year..

Are we getting better at preventing malnutrition?

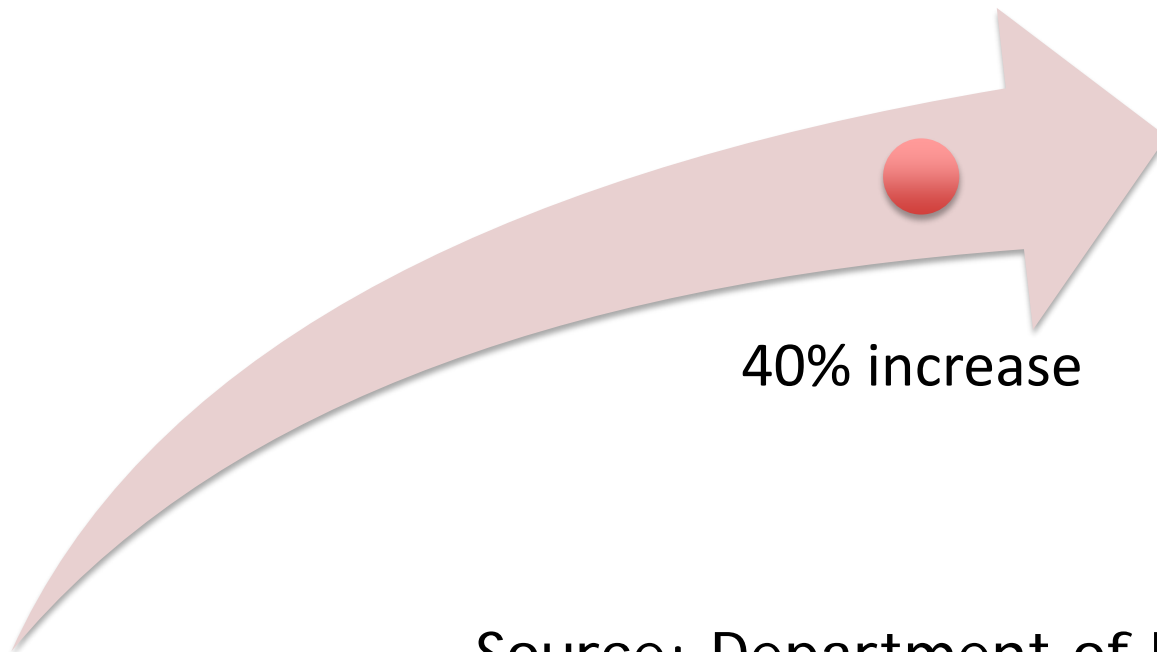
www.theguardian.com

**Huge rise in
hospital beds in
England taken up
by people with
malnutrition |
Society | The Guar...**

Are we getting better at preventing malnutrition?

128,361 bed days 2010-2011

184,528 bed days 2015-2016



Source: Department of Health 2016

Malnutrition

- Remains a sizeable problem

Focus on obesity as the public health problem ?



Malnutrition myths & misconceptions

'Malnutrition is an inevitable part of disease and the ageing process...'



Malnutrition doesn't just happen...it happens if you let it....

Tackling Malnutrition-

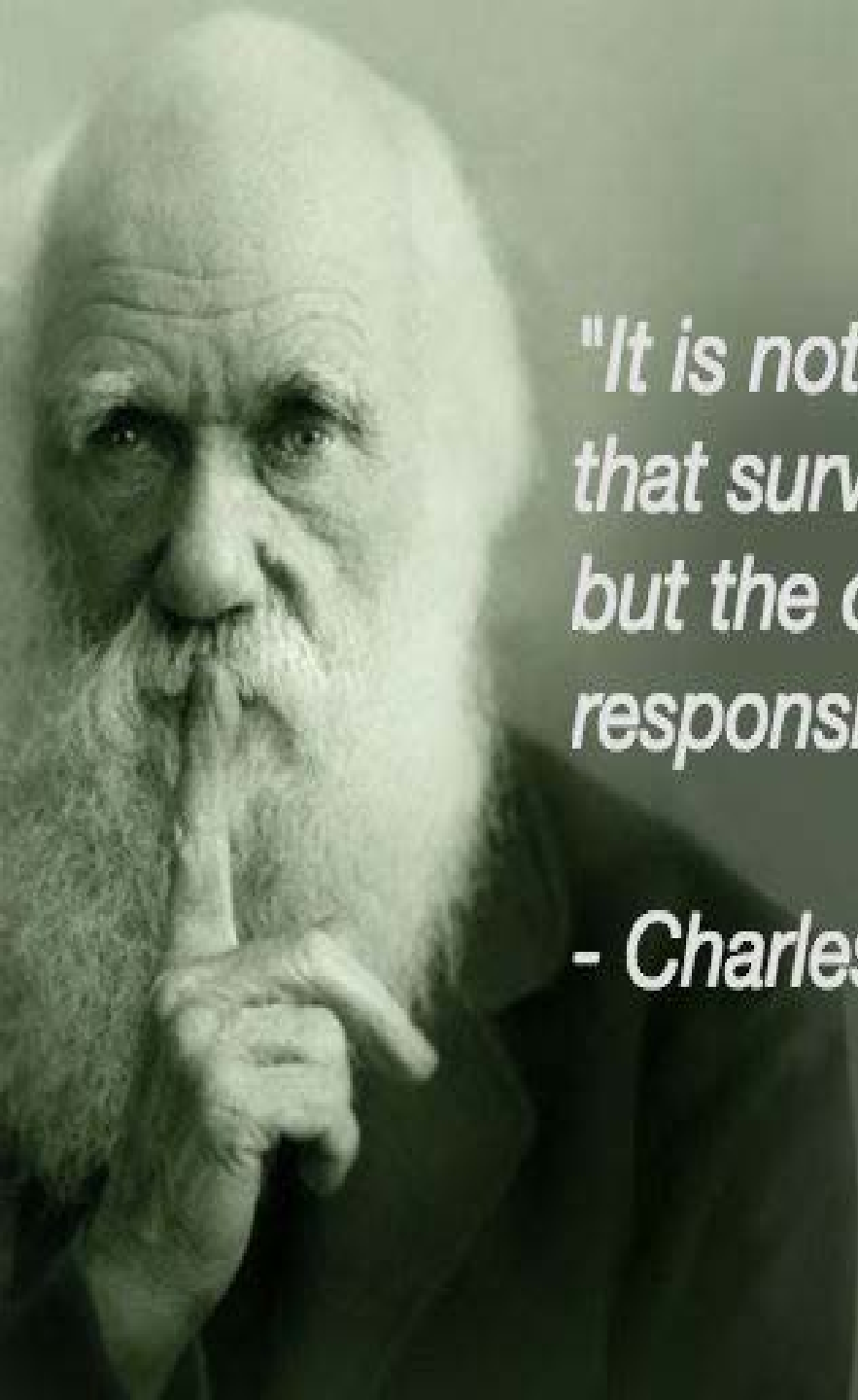
Have we focused our energies in hospitals at the neglect of the community?



Average length of stay for all causes in the UK was 6.9 days in 2014

Nutritional care should
be an integral part of
(chronic) disease management and in the
care of (frail) older people in all settings

- Have to be proactive in demonstrating the impact of skills and services in transforming patients lives
- In tune with decision makers and their agenda and cost pressures



"It is not the strongest of the species that survives, nor the most intelligent, but the one that is the most responsive to change."

- Charles Darwin