



Salford Malnutrition Task Force – breaking down organisational boundaries

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5 Pilot sites:

Salford, Lambeth, Dorset, Gateshead and Kent



Raising awareness



Working together



Identifying malnutrition



Personalising care and support

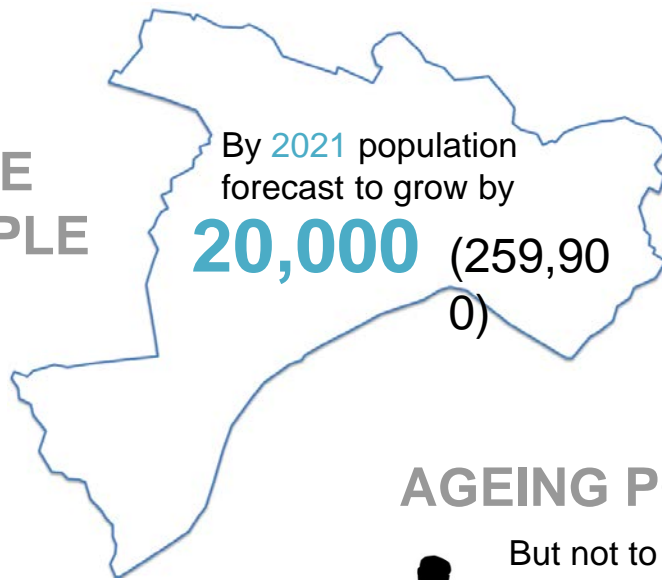


Monitoring and evaluating

Salford: a tale of two cities

- Our city is growing
- More people living here
- More money coming into the city
- A strong and vibrant voluntary and community sector
- BUT 70% live in highly deprived areas
- 12,000 children in poverty
- Some of the worse health in the country. People living up to 14 years less than other parts of Salford

MORE PEOPLE



Managing demand
Some of our key challenges

AGEING POPULATION

But not to the same extent as the rest of the country



65+

14.6%
OF POPULATION

2014: **35,100**
2021: **38,100**

MORE YOUNG PEOPLE

0-15

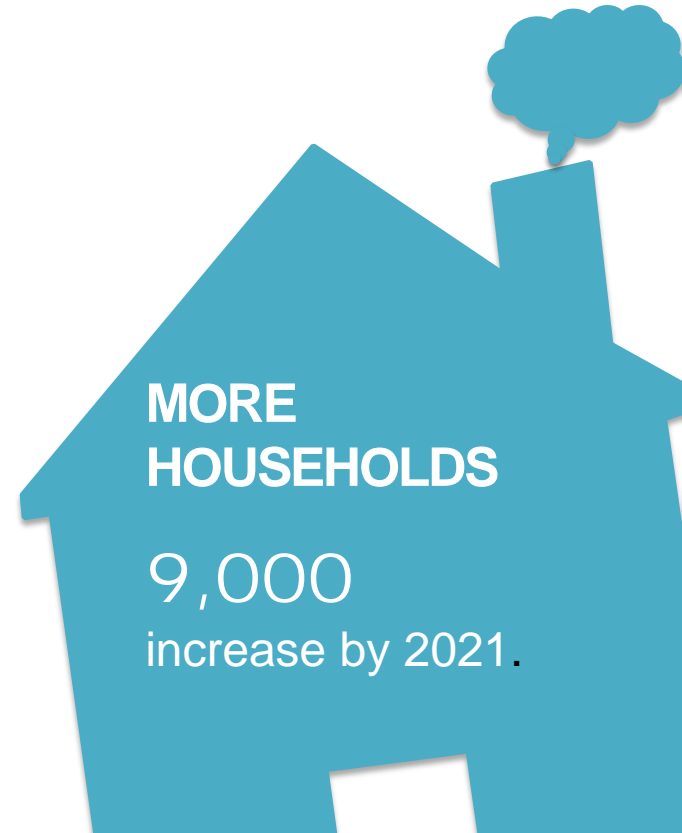
20.4%
OF POPULATION

2014: **46,900**
2021: **53,200**



MORE HOUSEHOLDS

9,000
increase by 2021.

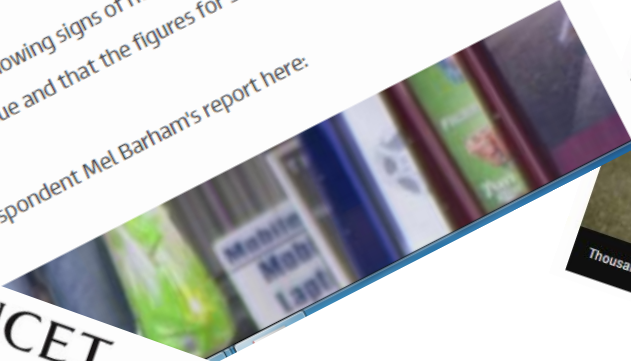


ITV REPORT

23 November 2015 at 6:11pm

Sharp rise in cases of malnutrition at Greater Manchester hospitals

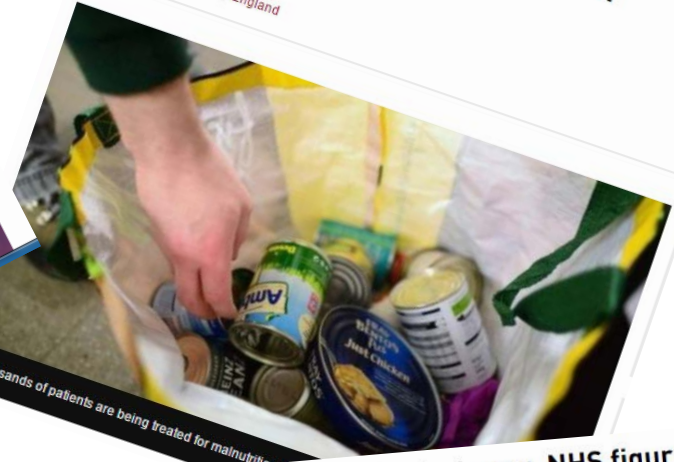
New figures have shown a sharp increase in cases of patients suffering from malnutrition at Greater Manchester hospitals. The rate of patients at Salford Royal showing signs of not having eaten has doubled. Health experts say it is a complex issue and that the figures for Salford are skewed by the type of patients it cares for. Arts correspondent Mel Barham's report here:



Thousands of patients are being treated for malnutrition

Malnutrition causing thousands of hospital admissions

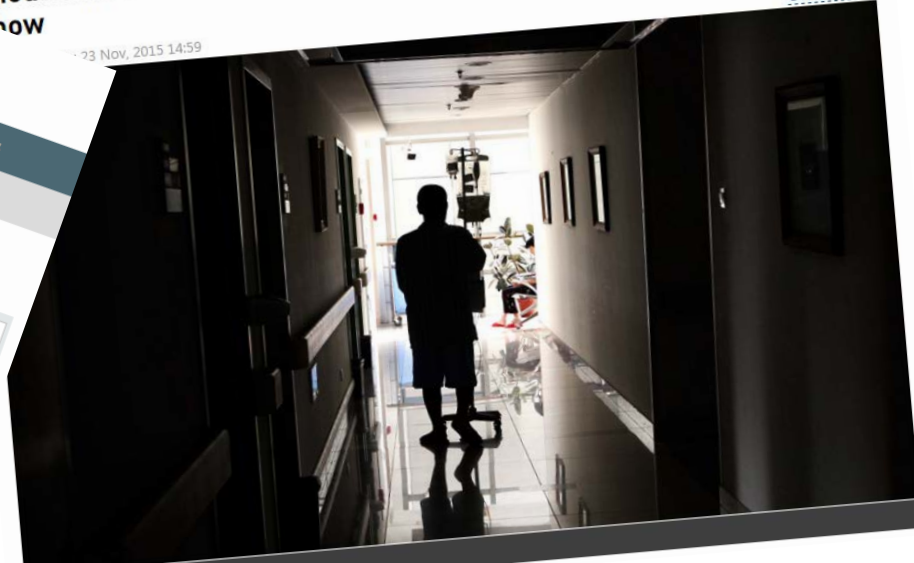
By Helen Carter & Daniel Wainwright
BBC News
© 23 November 2015 | England



Thousands of Britons treated for malnutrition in 1 year, NHS figures show

23 Nov. 2015 14:59

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© David Gray / Reuters

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Correspondence

Volume 383, No. 9929, p1631, 10 May 2014

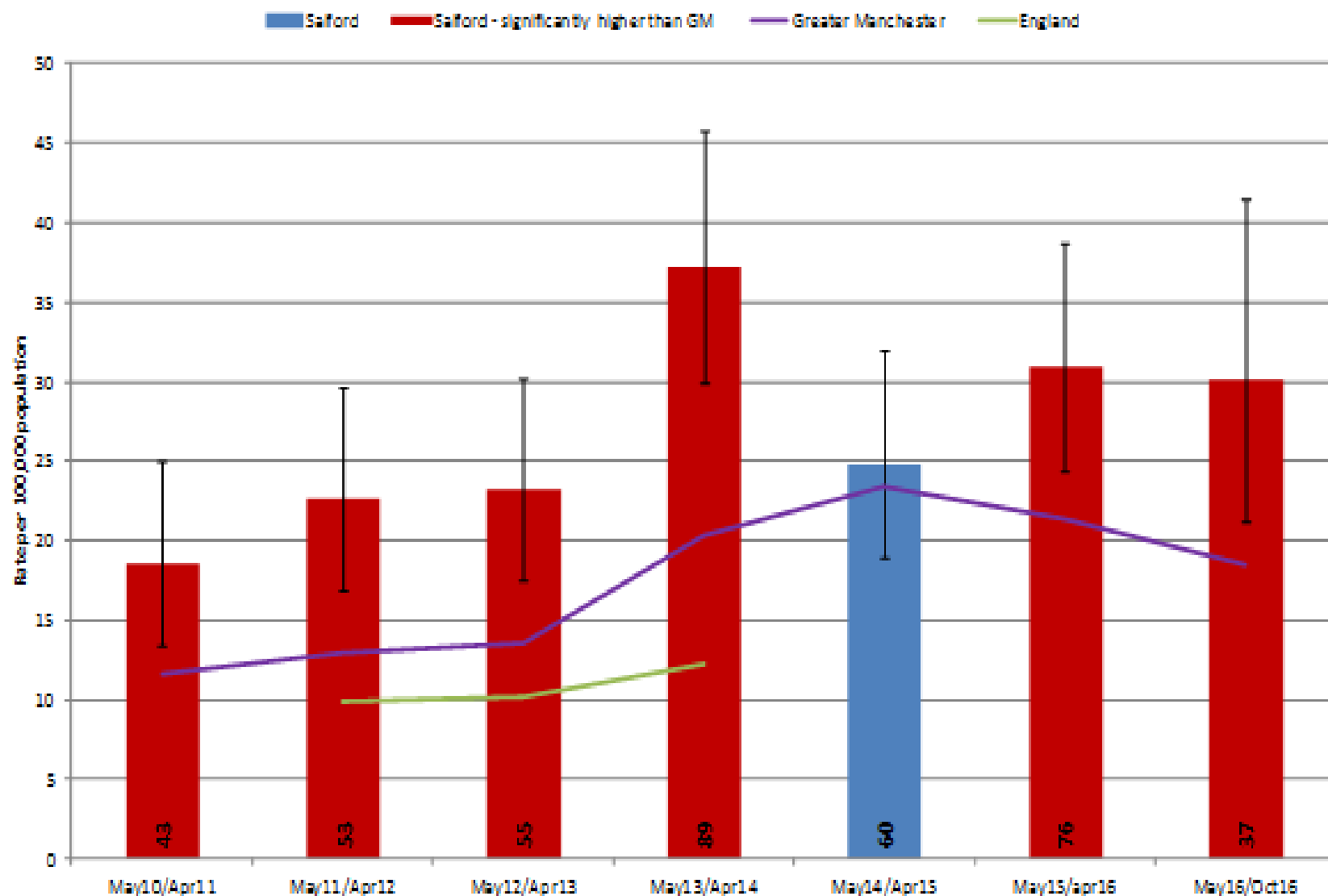
Open letter to Prime Minister David Cameron on food poverty in the UK

John R Ashton, John Middleton, Tim Lang, on behalf of 170 signatories
Published Online: 30 April 2014

Salford Work Stream Remits

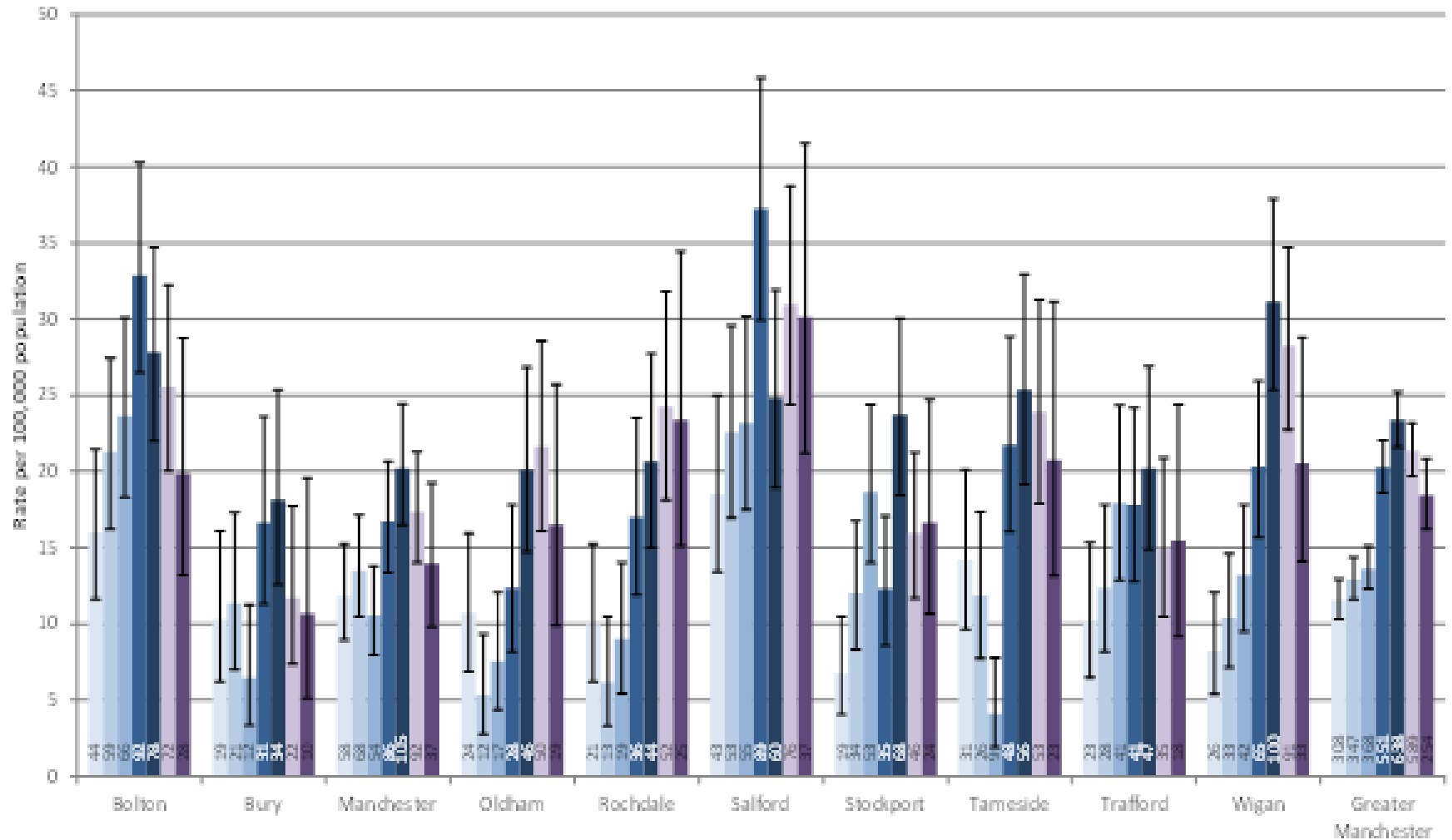
- 1. ICP Standards of Nutritional Care Across Organisations to reflect the NIHCE Quality Standards**
- 2. Nutrition and Dysphagia Education for Staff across Salford ICP**
- 3. Raising Awareness**
- 4. Working with Community and Primary Care**

Hospital admissions relating to malnutrition, Salford, May 2010/April 2011 - October 2016

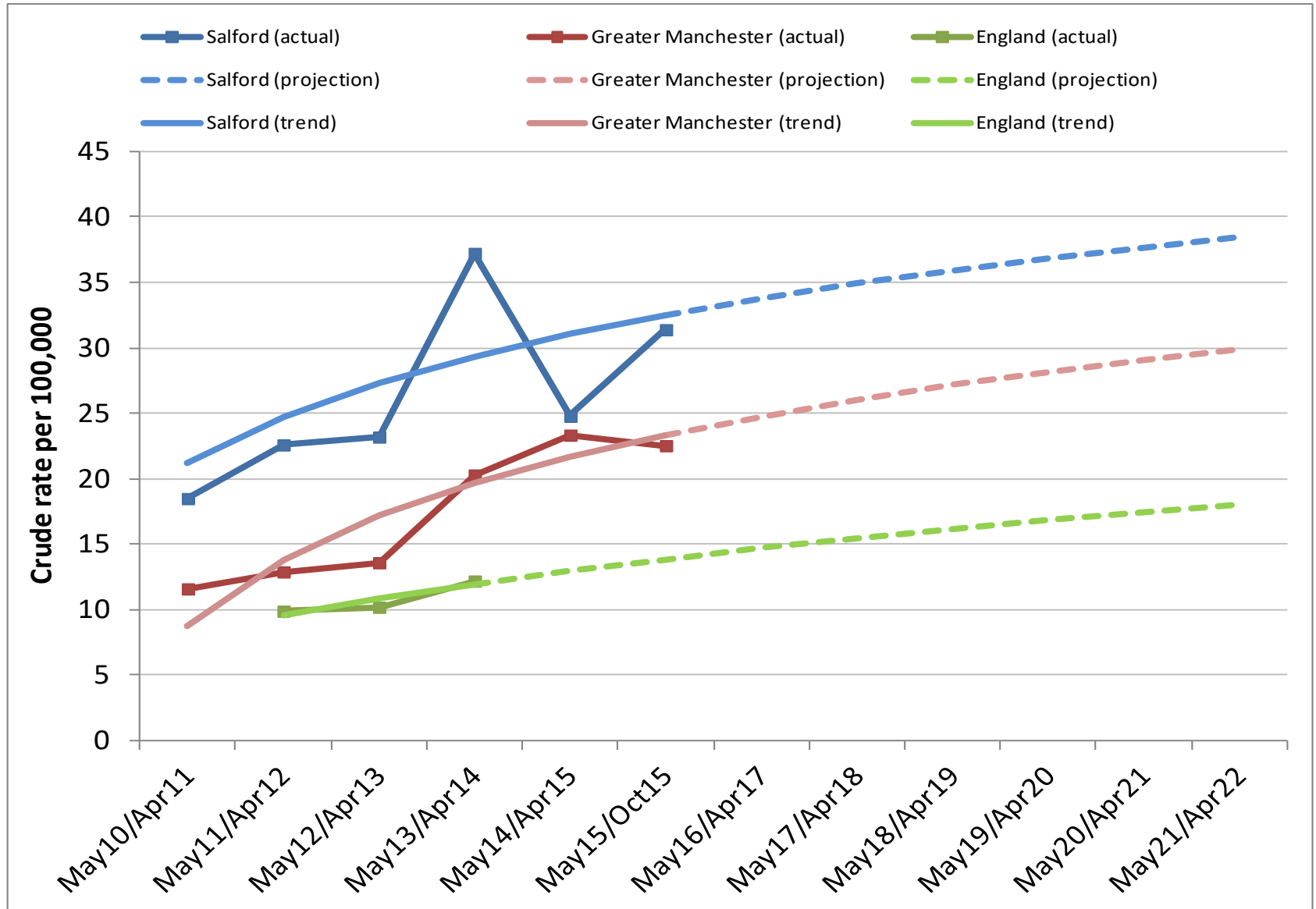


Hospital admissions relating to malnutrition, Greater Manchester, May 2010/April 2011 - October 2016

■ May 2010 to April 2011
 ■ May 2011 to April 2012
 ■ May 2012 to April 2013
 ■ May 2013 to April 2014
 ■ May 2014 to April 2015
 ■ May 2015 to April 2016
 ■ May to Oct 2016



Projection of admissions for malnutrition



Nutrition and Dysphagia Training



NHS Salford CCG – successful innovation bid for e-learning package on Malnutrition and Dysphagia.

Progress

Patient Information Displays

- 10 practices identified as part of their high sip feed prescribing
 - Poster developed by dietitian and Age UK Salford
 - Leaflets previously outlined will be included
 - Floor plans and isle information for both ASDA and Morrisons

Losing weight is NOT a normal part of ageing...


“My jewellery is looser”

“I find it hard to keep warm”

“I feel tired all the time”

“I need to tighten my belt buckle more than before”

“My dentures are looser”



ARE YOU EATING ENOUGH?

If you're not eating enough you could be at risk of **malnutrition** and ill health.

For more information take a leaflet, call Age UK Salford on 0161 788 7300 or speak to your GP.



Supported shopping trips for older people in Salford

Case study

Case study

Case study

Case study

Background

It is recognised that many older people become disinterested in food when they live or eat alone or are unable to do their own shopping.

Objectives

- To provide people who are worried about losing weight:
- with ideas about different foods they could try,
 - in a social environment share information about food fortification to either prevent further weight loss and/or encourage weight gain.

Approach

- Following discussions with Asda at Swinton it was agreed that shopping trips could take place at this supermarket.
- The idea was to reach people not already known to services.
- A leaflet was developed which was placed in all Age UK Salford venues.
- On the day offer 'accompanied shopping' around the store. To support this a floor plan of the Asda store and a Top Tips booklet was produced which included suggestions and prompts about what, in each aisle, people might eat to support increasing their food intake.
- Offer drinks and biscuits in the supermarket café to people who attended.
- Have a banner in the supermarket café outlining this work to provoke interest from others.

Salford age UK

Eating Enough?

Are you or someone you care for losing weight without intending to?

Join us at **Asda Swinton**
4th November 2014 between 10.00 and 12.00
for some advice, information and helpful tips.

NHS Dietitians and Volunteers will also be available to accompany a number of people around the store to provide some personal suggestions.

To find out more please call us
0161 788 7300

NHS **Salford City Council** **Salford Royal NHS Foundation Trust** **Greater Manchester West NHS Foundation Trust**

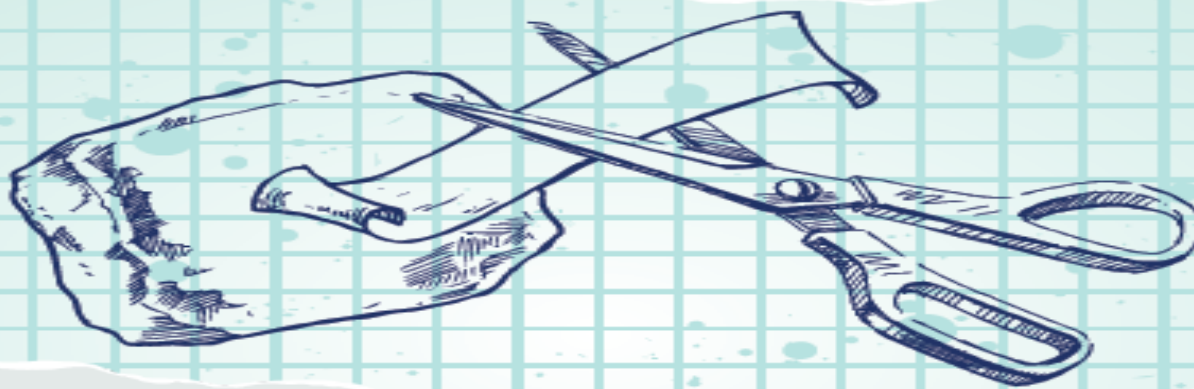
MALNUTRITION TASK FORCE **Salford Community Lifestyles**

The Salford Together Nutrition Armband

Salford Royal NHS Foundation Trust ©



Which one would you choose to fight malnutrition?



Answer = Paper

Paper may not be the obvious choice to win the battle against malnutrition but the Paperweight Armband (seen to the right) is a breakthrough non-medical, non-intrusive tool being pioneered in Salford; revolutionising the way we identify and deal with malnutrition.



Paperweight
helping fight malnutrition

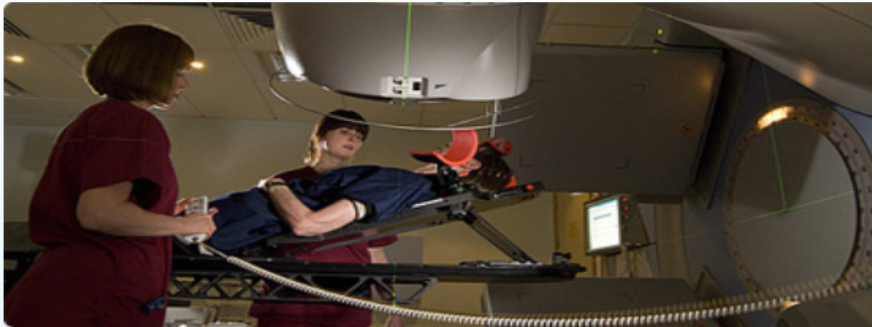


Register on our website for more information before the end of November and you will be entered into a draw to win a free Paperweight starter pack.



www.ageuksalford.org.uk
www.ageuk.org.uk/salford/paperweight/
For more information
email paperweight@ageuksalford.org.uk





Salford's Nutrition Armband

26 February 2016 [no comments](#)

Malnutrition is a major cause of poor health, particularly in older people. It is estimated that around 1 million people in the UK aged over 65 years are at risk of malnutrition. This, the integrated care initiative, Salford Together, has been looking at ways of reducing rates of malnutrition. This has included the development of the **Paperweight Nutrition Armband**.

The Paperweight was designed as an easy to use, non-medical way of assessing whether a person may be at risk of malnutrition. It is a strip of paper that is wrapped around a



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Malnutrition is a major cause of poor health, particularly in older people. It is estimated that around 1 million...

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[The virtual reality for Salford residents living with dementia](#)

Salford residents living with dementia are taking part in a revolutionary, virtual reality



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Simple piece of paper that can spot signs of malnutrition in older people

09:16, 2 DEC 2015 | UPDATED 09:17, 2 DEC 2015 | BY CHARLOTTE DOBSON

Salford is leading the fight against malnutrition as figures show the city has one of the highest rates in the country

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YellowJigsaw
Training, Communications & Events

In November the task force had a lot of media requests in response to the publishing of the BAPEN Economic report as follows:

BBC Radio Manchester <http://www.bbc.co.uk/programmes/p037r0g7>

BBC Regional radio

Granada TV <http://www.itv.com/news/granada/2015-11-23/sharp-rise-in-cases-of-malnutrition-at-greater-manchester-hospitals/>

Manchester Evening News

<http://www.manchestereveningnews.co.uk/news/health/salford-malnutrition-paper-band-doctors-10531929>

Radio 5 Live – catch up on iPlayer

<http://www.bbc.co.uk/news/uk-england-34777348>

[http://www.malnutritiontaskforce.org.uk/salfords-armband-tackling-malnutrition-with-paper.](http://www.malnutritiontaskforce.org.uk/salfords-armband-tackling-malnutrition-with-paper)

more press is being done in this launch week for the traditional media, to trade publications and newsletters –gone to 50,000 members of the Royal College of Nursing.



1. Raising awareness
2. Screening
3. Recognising malnutrition or the risk of malnutrition
4. Documenting nutritional support goals in a management care plan
5. Treatment
6. Reviewing nutritional care to identify and respond to changes in nutritional status.

The next 5 boroughs:

Bury

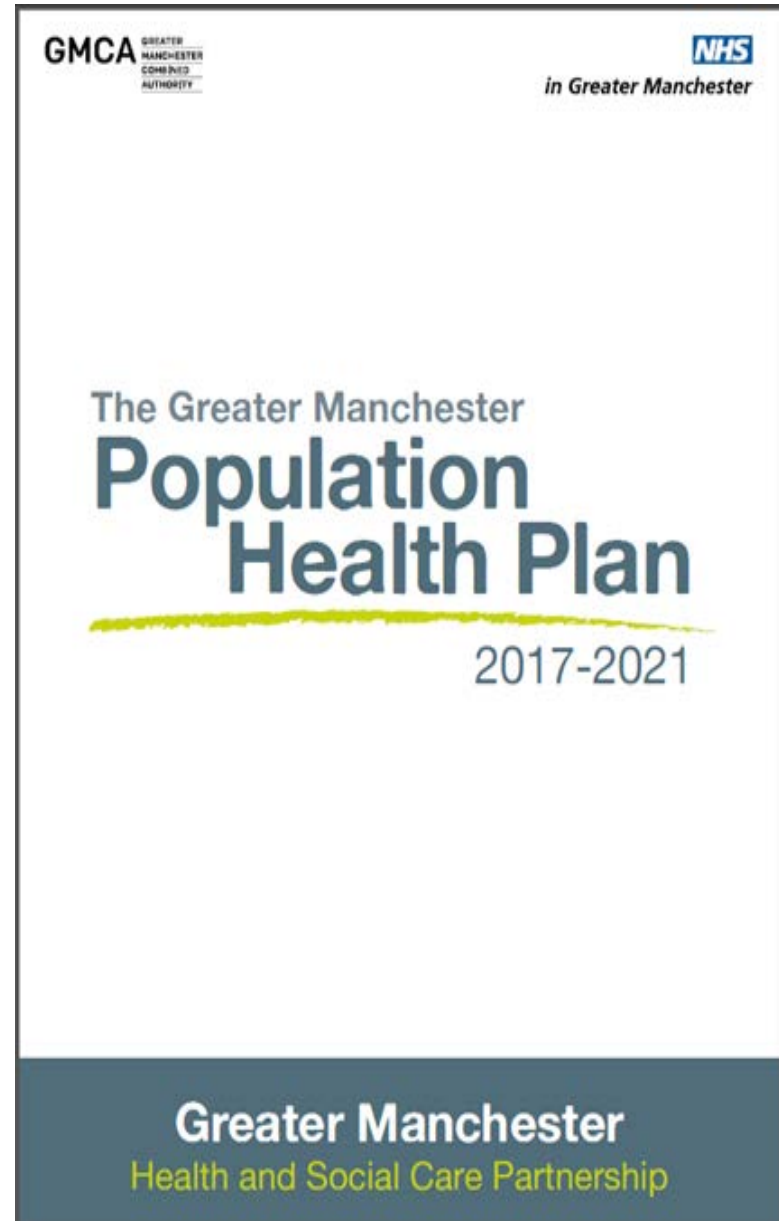
Rochdale

Oldham

Bolton

Stockport

Prof John McLaughlin academic advisor

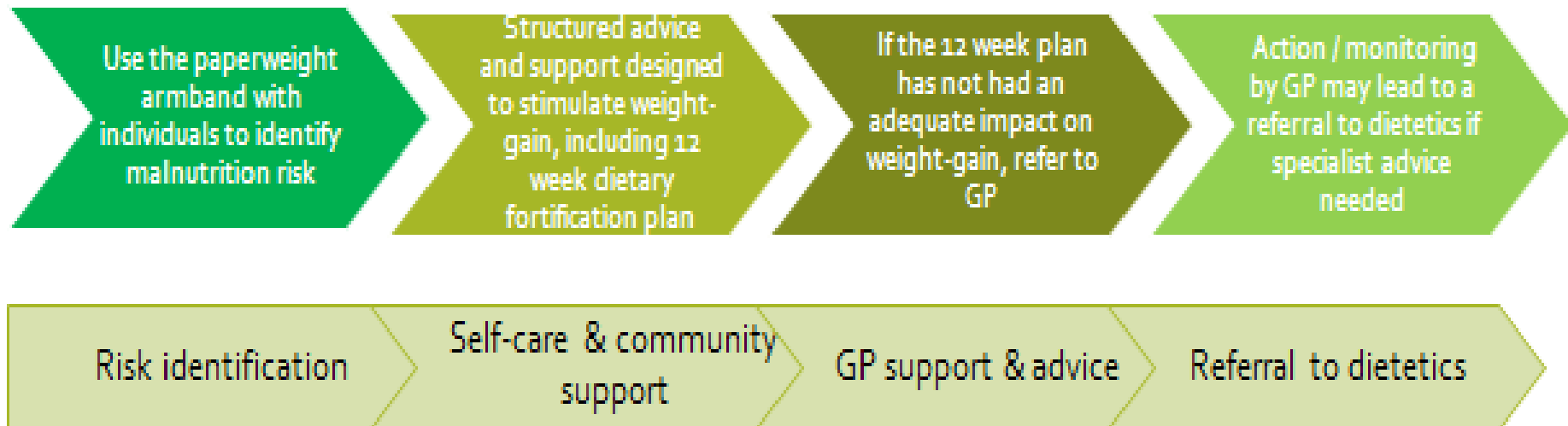


Malnutrition/dehydration identification and support pathway

Steps prior to implementing the paperweight armband:

Identification of 65+ at risk groups in community settings, using local knowledge and insight

May include older adults in social housing, care homes, receiving home care support or reablement, attending luncheon clubs, social and voluntary / peer support groups



Salford next steps

- The Ambition – A Malnutrition Pathway which truly reflects the synergy between health, social care and third sector partners.
- NHS Salford innovation funding secured for 2 x band 6 dietitians and band 3 post to be based with EAU, and Age UK Enablement team and community assets to develop 'lunch and learn' groups.

Salford Malnutrition Task Force

Name	Job Title	Place of work
David Haynes	Chief Executive	Age UK, Salford
Jean Rollinson	Director of Service Development	Age UK, Salford
Kirstine Farrer	Consultant Dietitian Intestinal Failure	Salford Royal NHS FT
Brenda Blackett	Lead Nutrition Nurse	Salford Royal NHS FT
Tony Ward	Team Leader, Community Dietetics	Salford Royal NHS FT
Sarah Cleverly	Project Manager (care home/mental health agenda)	Greater Manchester West Mental Health Trust and Salford Integrated Care Organisation
Siobhan Farmer	Consultant Public Health	Salford City Council
Claire Vaughan	Head of Medicines Management	NHS Salford Clinical Commissioning Group
Paul Walsh / Helen Chambers	Integrated Commissioning Manager	Salford City Council / NHS Salford CCG