

# Update on the PENG Pocket Guide to Clinical Nutrition 2018

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**On behalf of the PENG Committee and Vera Todorovic**

**21<sup>st</sup> November 2017**

# 4<sup>th</sup> Edition 2011



PEN Group Publications

## Pocket Guide to Clinical Nutrition

4th edition updated 2011  
editors Vera Todorovic and Ann Micklewright

**NEW UPDATED SECTIONS**



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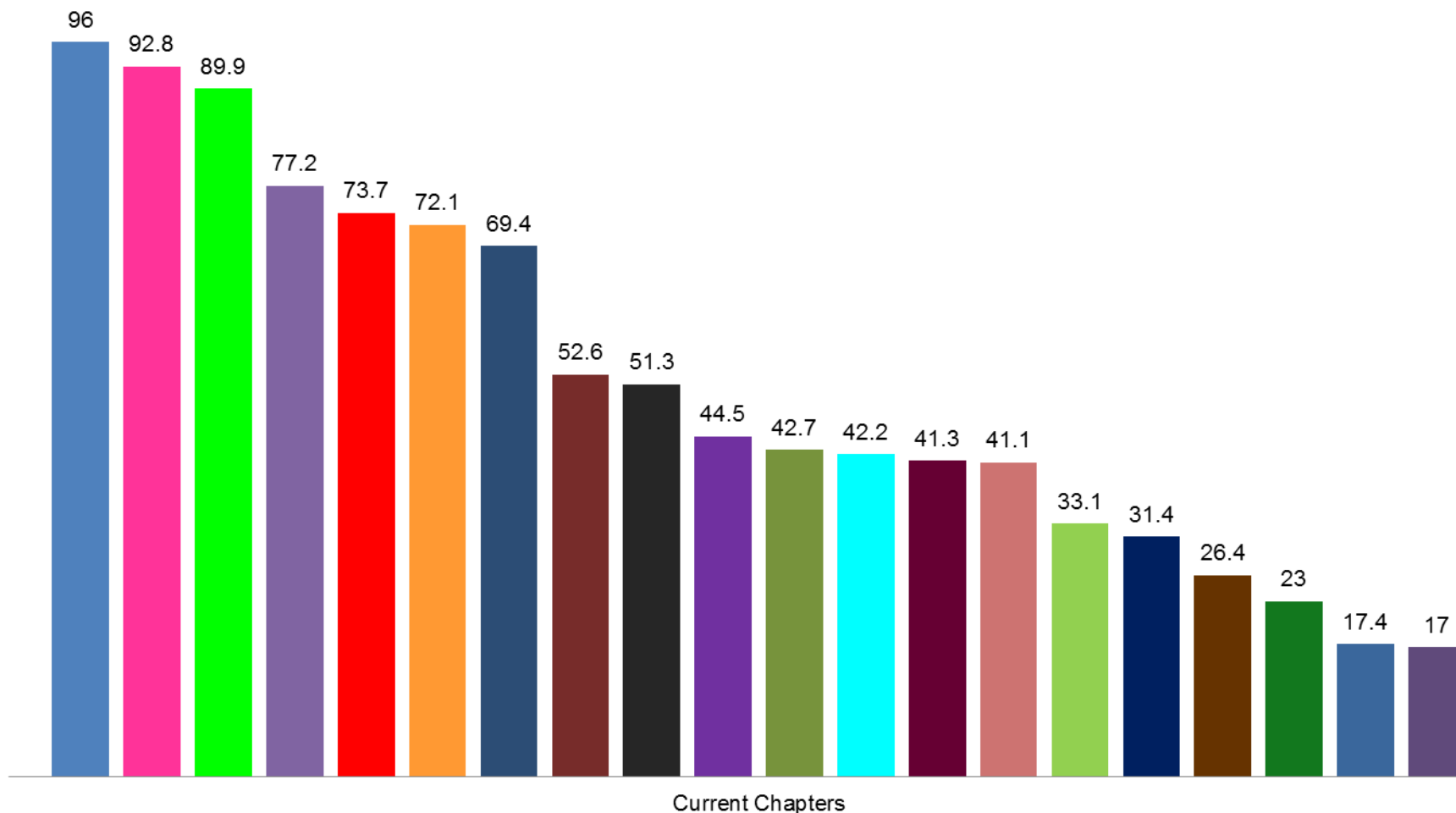
# Survey November 2016



- Survey open to all Dietitians
- 477 responses (all PENG members as well as non-PENG members)
- 80% said it would be useful to have the Pocket Guide downloadable and /or an electronic version
- ? Consideration to have core chapters or not

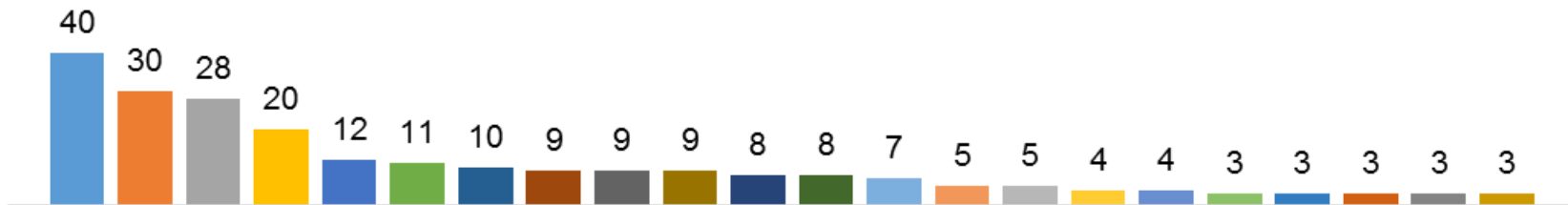
**Figure 1. What chapters should be included in the core sections of future editions of the Pocket Guide to Clinical Nutrition?**

- Adult Requirements
- Nutritional Values
- Drugs and Nutrition support
- Parenteral
- Renal
- Acid Base Balance
- Assessment
- Reference Values
- Identifying
- Pancreatic
- Critical care
- COPD
- Refeeding
- Monitoring
- Liver
- Access Route
- Diabetes
- Pediatric Requirements



**Figure 2. What additional sections would you like to see in the future?**

- Oncology/cancer
- Burns pressure sore/Wound management
- Surgery
- Fluid
- HEF
- Palliative care
- Intestinal Failure
- Trauma
- Gastroenterology
- Neurology
- High Ileostomy output
- Eating disorder
- Pediatric conditions
- Ethics
- Obesity
- Stroke



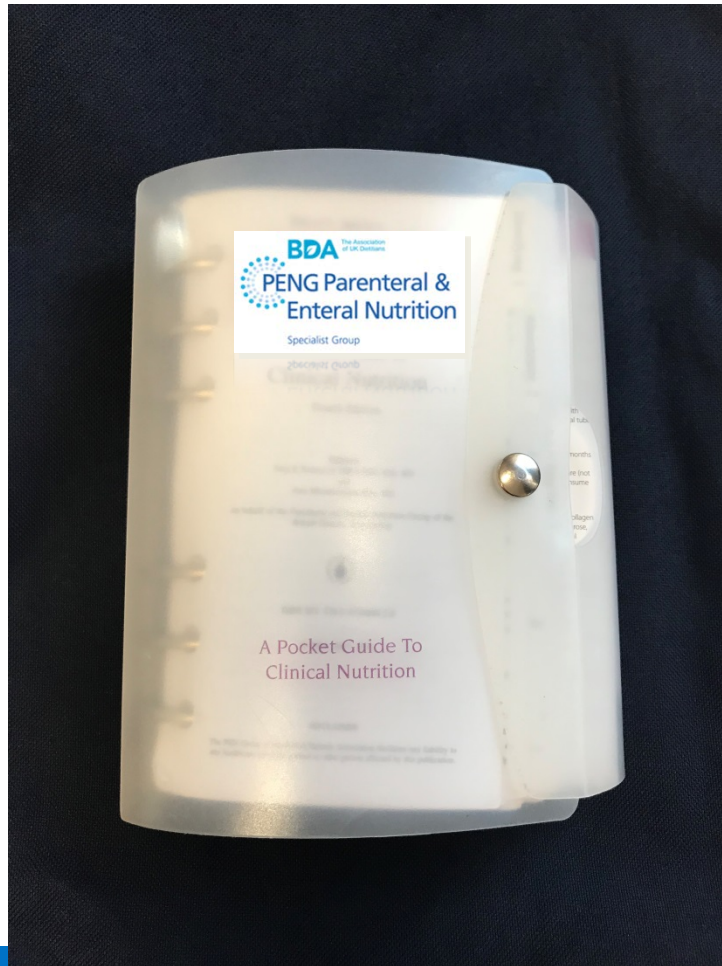
# 2016-2017

- Over 50 dietitians are involved
- Evidence based approach on estimating **Adult nutritional requirement chapter**
- Chapter content developed and updated through critical appraisal by dietetic experts in their fields:
- –Critical care, refeeding chapter, monitoring, diabetes, liver, paediatric, assessment, and all the others
- So far:
  - 17 out 20 chapters received
  - 10 started the editing process

# Saturdays have been fun...



# 5<sup>th</sup> Edition 2018



Expected March 2018

# 2018

- Electronic version
  - App
  - Website
  - Able to access via devices
- Regular update, aim for every 3 years
- Future of the pocket guide
  - Survey in 2018
  - More chapters ?
  - More material link to website ?

# Any questions ?



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