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Blended Diet in Nottingham

- 👤 800 HEF patients
 - 👤 250 HEF children
 - 👤 7 HEF children using blended diet
 - 👤 5 families asking about blended diet
-
- 👤 BAPEN November 2013

The Nottinghamshire Roosevelt Travelling Scholarship



A unique historic scholarship enabling a Nottinghamshire resident to visit the USA for three months to investigate a work related topic of their own choice



The Scholarship Project



- 👏 To learn from the experiences of American healthcare professionals who use blended diet in clinical practice
- 👏 To share best practice and find practical advice for my patients to help us to support them to use blended diet in the longer term and minimise the perceived risks.



Where did I go?



Leading Hospitals



- 👋 Large interest in Blended Diet
- 👋 Policy on use in hospital
- 👋 A range of blends produced on site
- 👋 Bank of blenders and fridges
- 👋 Support for families on blended diet
- 👋 Supporting other hospitals to develop policies

Leading Hospitals



**Boston
Children's
Hospital**

Until every child is wellSM



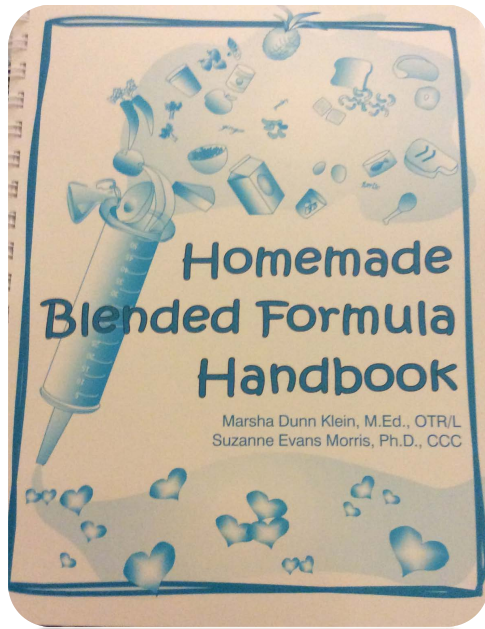
- 👤 Blended diet is not common
- 👤 Gradual increasing demand from families
- 👤 Working parties looking at developing a local policy
- 👤 CHOP held a conference on blended diet
- 👤 Families that choose to use blended diet are supported

The Oley Foundation

- ✎ A national, independent organisation helping people dependent upon feeding by tube or IV
- ✎ Newsletters, conferences and networking for patients
- ✎ Re-distribute formula for people who are uninsured
- ✎ Increasing enquiries about blended diet

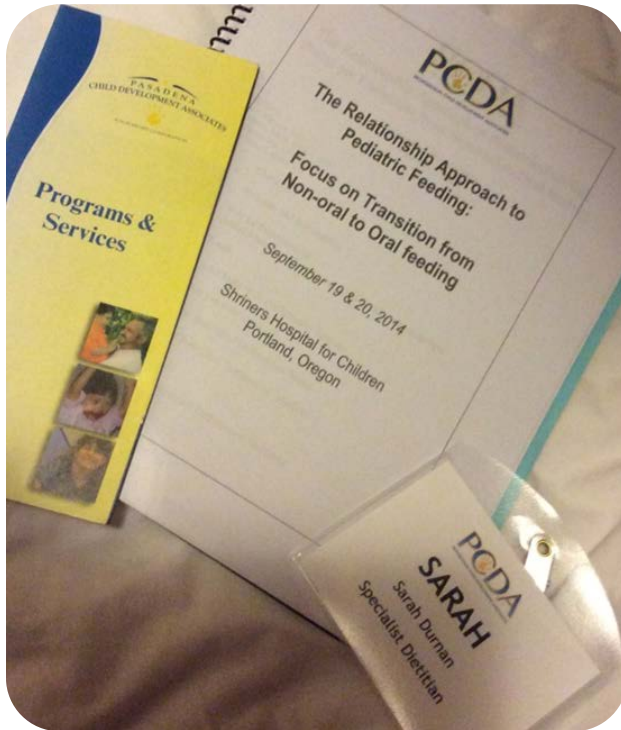


Mealtime Notions



- 👋 Feeding Clinic in Tucson, Arizona
- 👋 Blended Diet is used as tube weaning aid
- 👋 Authors of Homemade Blended Formula Handbook
- 👋 Report dramatic improvement in reflux and bowel habit
- 👋 Charitable arm to support uninsured patients

Conferences



- 👤 Patty Novak - Dietitian within a feeding clinic MDT
- 👤 'Blended diet is better tolerated than commercial formula'
- 👤 A greater range of food can be given
- 👤 Significant social-emotional benefits

FNCE Atlanta



- 👋 Conference attended by 8,000 Dietitians
- 👋 Commercially prepared blended food
 - 👋 Real Food Blends
 - 👋 Liquid Hope

Commercial Companies



- ✎ Care for HEF patients is provided by private companies
- ✎ If enteral feed is not covered by insurance patients pay 'out of pocket'
- ✎ Both companies reported an increase in enquires about blended diet but this is not the norm
- ✎ Dietitians working for these companies do not advise on blended diet

Food for Tubies



- 👤 Support website for families using blended diet
- 👤 Demonstrations for healthcare professionals
- 👤 Contributors to Complete tube feeding
- 👤 Opportunity to stay with a family who blend for their child

Families



- ✎ In total I met twelve families using blended diet
- ✎ Each had their own reasons
- ✎ Blended diet is a continuum
- ✎ Each family is doing something unique

Key Learning Outcomes

- 👤 Blended Diet is not standard practice in the USA but US Dietitians are reporting growing interest
- 👤 Some Dietitians in the USA are recommending Blended Diet as an option to patients and their families
- 👤 Big US Hospitals are developing policies and looking at providing blended diet in house
- 👤 Every family using blended diet is doing something unique to them.

Nottinghamshire Now

- 👏 Continued growing interest in blended diet
- 👏 15 families using blended diet
- 👏 2 adult HEF patients using blended diet
- 👏 Audit on the use of blended diet
- 👏 Policy for the inpatient use of blended diet
- 👏 Parent Focus Groups
- 👏 Leaflet on blended diet

What's Next?

👋 Ph.D. researcher with the Children and Families Research Team at Coventry University investigating the use of Blended Diet in the UK

👋 Half way through aiming to complete in April 2018

👋 Currently collecting and analysing data



Thank you

